

Using your Reserves

How do you solve the challenge of substitutes?

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Using your Reserves

- reserve - an athlete who plays only when a starter on the team is replaced
- Coaches can substitute



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History of the “no. 12” Player

- 1927 The American Soccer League (ASL) founded in 1921
- 1958 FIFA WC Sweden
- 1965 English League



Weakest Links?



Dealing with the weak links

- Pretend he doesn't exist and hide him
- Face reality, reinforce him
- Substitute him
- Try to improve him (work harder, teach new skills)
- Sell him

What is your philosophy?



Art of Substitution

- Tired? Too Late!
- Home or Away?
- Opposition
- Goal Keeper



Everyone has a role!



What are you watching?



Are you ready?

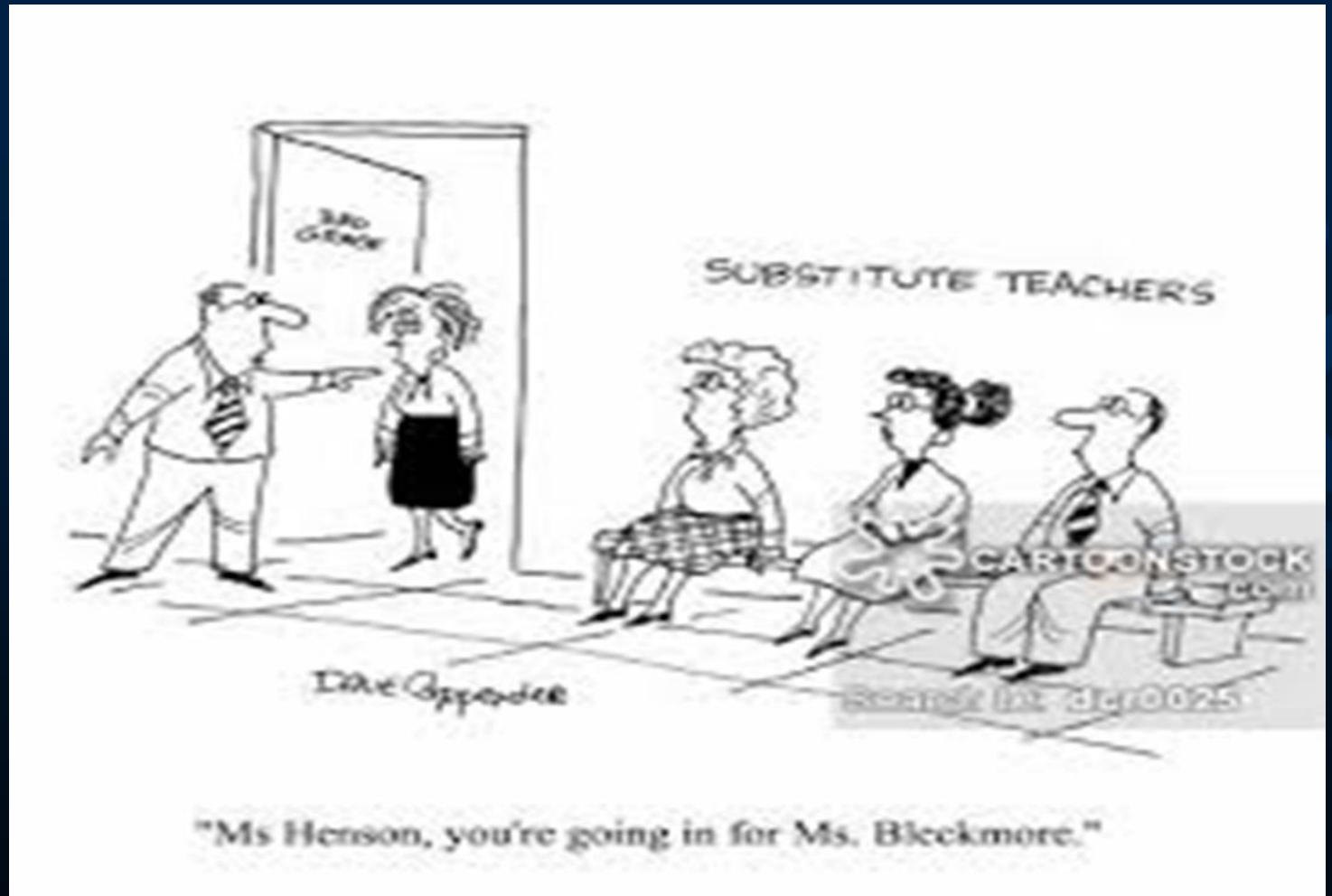


Keep the area around you clear!



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You are accountable!



Is this right?



I get it



Tips

1. Stay warm;
stay hydrated
2. Be ready for
anything
3. Pay attention
4. Adjust your
attitude
5. Support your
teammates



T.E.A.M.



Questions?